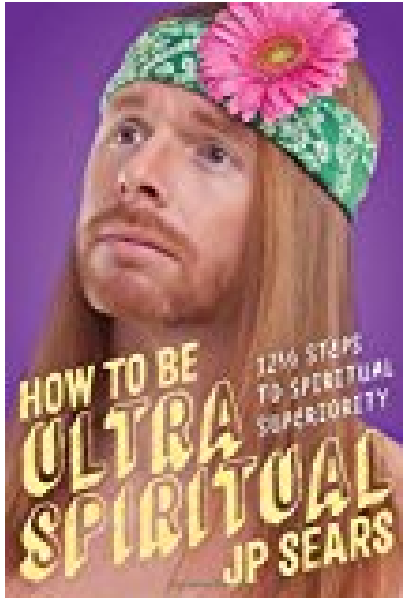


# How to Be Ultra Spiritual 12 1 2 Steps to Spiritual Superiority

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## BOOK DETAILS

- Author : JP Sears
- Pages : 272 Pages
- Publisher : Sounds True
- Language : English
- ISBN : 1622038215

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## **BOOK SYNOPSIS**

Welcome to the Glorious Grandeur of Ultra Spirituality In case you haven't noticed, the New Age has become the Old Age. But don't recycle your crystals just yet! His Enlightenedness JP Sears is ushering in the Newer Age, blinding us with the dawn-like brilliance that is Ultra Spirituality. How to Be Ultra Spiritual presents Ultra Spiritual JP's none-of-a-kind guidance, so you can better yourself through teachings on:

- Competitive spirituality—the Ultra Spiritual foundation that the rest of your Ultra Spiritual path rests on
- Why burying your feelings alive makes you thrive
- Dreaming up your awakening—how to engineer your carefully contrived spiritual narrative
- Rigidly yogic yoga—the moisture-filled cloud formation that drops rain upon your river so your flow can flow
- Following the light to the greener spiritual pastures of veganism
- He-ness, financial levity, deathliness, and other qualities of the quality guru
- Mindfulness—all of the fullness of mindfulness with none of the mind
- Merciless meditation—the most effective way to become more meditative (and, duh, more spiritual)
- Accessing the forces of critical nonjudgment
- Using plant spirit medicine to experience a degree of enlightenment that you aren't enlightened enough to experience without the spirit who lives inside its particular vegetation
- Humbleness, and how to employ it in the most superior sense of the word

With How to Be Ultra Spiritual, His Enlightenedness JP Sears brings the heart and soul of ancient spirituality back to life with a progressive aggression, replacing the diluted uselessness of modern spirituality with the waaay more spiritual wisdom of Ultra Spirituality. See if you can keep up . . .

### **HOW TO BE ULTRA SPIRITUAL 12 1 2 STEPS TO SPIRITUAL SUPERIORITY**

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