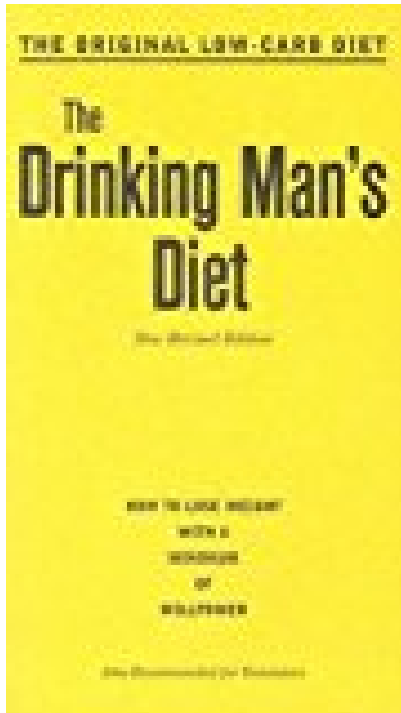


The Drinking Mans Diet



BOOK DETAILS

- Author : Robert Cameron
- Pages : 48 Pages
- Publisher : Cameron + Company
- Language : English
- ISBN : 091868465X

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BOOK SYNOPSIS

"The Drinking Mans Diet", granddaddy and originationator of all low carb diets, was first published in 1964 and sold 2,400,000 copies in 13 languages. It does not encourage drinking but understands that upwards of 60 million people in the US alone enjoy a Carbo-Free cocktail every now and then.

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